

Learn and Do More

Thank you for tuning in with us to hear Pitt Chancellor Emeritus Mark A. Nordenberg and Lisa Scales Grooms discuss food security and the impact of COVID-19 pandemic on hunger. The following document provides resources mentioned during the interview and suggested action items.

Video References:

- Visit the Greater Pittsburgh Community Food Bank *website* to learn more about their impact.
- Learn about the father of food banking, *John van Hengel*.
- Read about how *food pantries responded to Hurricanes Florence and Michael*.
- Check out a *segment featuring Lisa Scales on CNN with Anderson Cooper*.
- Learn more about the Greater Pittsburgh Community Food Bank's *Produce to People, Door Step Delivery, and Food for Kids*.
- Read about the federal summer meal programs and how *USDA Extends Free Meals for Kids Through December 31, 2020*.
- Read a short history of the *federal supplemental nutrition assistance program (SNAP)*.

Take Action:

- Donate or volunteer with your local food bank. You can *find your local food bank here*.
- Donate to Feeding America*. Every dollar donated can provide at least 10 meals.
- Contact your federal, state, and local elected officials about food policy and anti-hunger programs using this *online directory*. Ask them to:
 - Increase funding for Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)
 - Protect the Supplemental Nutrition Assistance Program (SNAP)
 - Support reauthorization of the Child Nutrition program
- Learn how to *reduce your food waste*.
- Stay informed on hunger-related issues by following anti-hunger organization like *Feeding America, Hunger-Free America, and No Kid Hungry* on social media.
- Send a message online to *thank a food bank hero!*
- Pick one or more action items from *5 Ways You Can Help Combat Hunger & Food Insecurity*.
- Check out *103 Things White People Can Do* and learn how to be a racial justice ally with *this guide*.
- Attend a *virtual racial justice training* and *assess organizational racism within your workplace*.
- Listen to a podcasts like *Floodlines, RadioLab, and Intersectionality Matters!*
- Donate to *8 Can't Wait*, Campaign Zero's project to adopt 8 use of force policies in police departments.

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