Learn and Do More

Thank you for tuning in with us to hear Pitt Chancellor Emeritus Mark Nordenberg and Dr. Art Levine discuss the impact of COVID-19 on health infrastructure and the importance of science informed decision making. The following document provides resources mentioned during the interview and suggested action items.

Video References:
- To get more information on the scientific method, check out the Khan Academy.
- Discover how UPMC and Pitt are expediting COVID-19 clinical trials with 'learning while doing approach.'
- Learn more about Lupus patients who are struggling to fill their hydroxychloroquine prescriptions as a result of COVID-19.
- Understand why Dr. Levine does not recommend hydroxychloroquine to treat Covid-19 patients.
- Nobel laureates and science groups demand NIH review decision to end funding of coronavirus grant.
- APIC provides an overview of health agencies, including the CDC, FDA, and NIH.
- Read the American Heart Association’s article "COVID-19 and Cardiovascular Disease" to understand the relationship between COVID-19 and Cardiovascular Disease.
- Learn more about Dr. Jonas Salk and the vaccine for Polio developed at the University of Pittsburgh.
- Understand the importance of face masks in protecting yourself and others.
- The World Health Organization provides a resource on "how to respond to vocal vaccine deniers in public."
- Read about the lessons from the Disneyland measles outbreak in 2015.

Take Action:
- Donate blood or volunteer at a local blood drive through the American Red Cross.
- Volunteer in your local community. Find an opportunity with VolunteerMatch.
- Support organizations addressing people’s needs as a result of COVID-19. Check out COVID-19 Top Nonprofits.
- Engage in conversation with a friend or family member over the phone.
- Stop the spread of Covid-19 by wearing a mask. Learn how to make your own face mask to keep everyone safe.

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